

**R156. Commerce, Occupational and Professional Licensing.**

**R156-40. Recreational Therapy Practice Act Rules.**

**R156-40-101. Title.**

These rules are known as the "Recreational Therapy Practice Act Rules".

**R156-40-102. Definitions.**

In addition to the definitions in Title 58, Chapters 1 and 40, as used in Title 58, Chapters 1 and 40 or these rules:

(1) "Approved equivalent experience" for licensure as a MTRS, as used in Subsection 58-40-5(1)(a)(ii), means two years of full time paid experience obtained outside Utah while certified by NCTRC as a CTRS.

(2) "Approved masters degree in recreational therapy or a masters degree with an approved emphasis in recreational therapy", as used in Subsection 58-40-5(1)(a)(i), means an earned masters degree which includes a minimum of nine semester hours or 12 quarter hours of upper division or graduate level course work in recreational therapy.

(3) "An approved training program" for licensure as a TRT, as used in Subsection 58-40-5(3)(a), means 200 hours of education and training under the supervision or direction of a MTRS, which will include instruction in the theories and concepts of recreational therapy from recognized colleges or universities, work shops or seminars, a minimum of ten hours of face to face consultation, and a structured practical experience in a facility.

(4) "CTRS" means a person certified as a Certified Therapeutic Recreation Specialist by the National Council for Therapeutic Recreation Certification.

(5) "MTRS" means a person licensed as a master therapeutic recreational specialist.

(6) "NCTRC" means the National Council for Therapeutic Recreation Certification.

(7) "Supervision of a therapeutic recreational technician", as used in Subsection 58-40-6(3)(a) and (b), or "supervision of a temporary TRS", as used in Subsection R156-40-302c(d), means that the MTRS or TRS supervisor is responsible for the recreational therapy activities performed by the TRT and will review and approve the treatment plans as well as any modifications to the treatment plans as evidenced by the signature of the MTRS or TRS in the treatment plan.

(8) "TRS" means a person licensed as a therapeutic recreational specialist.

(9) "TRT" means a person licensed as a therapeutic recreational technician.

(10) "Unprofessional conduct" is defined in Title 58, Chapters 1 and 40.

**R156-40-103. Authority - Purpose.**

These rules are adopted by the division under the authority of Subsection 58-1-106(1) to enable the division to administer Title 58, Chapter 40.

**R156-40-104. Organization - Relationship to Rule R156-1.**

The organization of this rule and its relationship to Rule R156-1 is as described in Section R156-1-107.

**R156-40-302a. Education and Practicum Requirements for Licensure as a Therapeutic Recreational Specialist.**

In accordance with Subsections 58-40-5(2)(a) and (b), a current NCTRC certification as a CTRS is required to document that a person has completed the education and practicum requirements for licensure as a TRS.

**R156-40-302b. Examination Requirements.**

In accordance with Subsections 58-40-5(1)(e), 58-40-5(2)(f) and 58-40-5(3)(e), applicants for licensure shall pass the following examinations:

(1) Applicants for licensure as a MTRS, TRS or TRT shall pass the Utah Recreational Therapy Law and Rule Examination with a minimum passing score of 75%.

(2) Applicants for licensure as a MTRS or TRS shall pass the NCTRC certification examination as evidenced by a current NCTRC certification as a CTRS.

(3) Applicants for licensure as a TRT shall pass the Utah Recreational Therapy

Examination for TRT with a minimum passing score of 70%.

**R156-40-302c. Qualifications for Temporary License as a TRS - Supervision Required.**

- (1) In accordance with Section 58-1-303, an applicant for temporary licensure as a TRS shall:
- (a) submit an application for temporary license in the form prescribed by the division which includes a verification that the applicant has registered and been approved to take the next available NCTRC examination;
  - (b) pays a fee determined by the department under Section 63-38-3.2;
  - (c) meets all the requirements for licensure, except passing the NCTRC examination;
- and
- (d) practices recreational therapy under the supervision of a Utah licensed TRS or MTRS as defined in Subsection R156-40-102(7).
- (2) The temporary license will not be issued for a period greater than ten months.
- (3) The temporary license will not be renewed or extended for any purpose.

**R156-40-303. Renewal Cycle - Procedures.**

- (1) In accordance with Subsection 58-1-308(1), the renewal date for the two-year renewal cycle applicable to licenses under Title 58, Chapter 40 is established by rule in Section R156-1-308.
- (2) Renewal procedures shall be in accordance with Section R156-1-308.

**KEY: licensing, recreational therapy\***

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**58-1-106(1)**

**58-1-202(1)**

# **RECREATIONAL THERAPY PRACTICE ACT RULES**

**R156-40**

**Utah Administrative Code**  
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